



Monday	Tuesday	Wednesday	Thursday	Friday
4:45 – 5:15 TYKES Ages 4-7 Years	4:45 – 5:30 JUNIOR - ADV Blue – Black Belts Ages 8-13 Years	4:45 – 5:15 TYKES Ages 4-7 Years	4:45 – 5:30 JUNIOR - ADV Blue – Black Belts Ages 8-13 Years	
5:15 – 6:00 JUNIOR - BEG White – Blue Stripe Ages 8-13 Years	5:30 – 6:00 TYKES Ages 4-7 Years	5:15 – 6:00 JUNIOR - BEG White – Blue Stripe Ages 8-13 Years	5:30 – 6:00 TYKES Ages 4-7 Years	5:30 – 6:45 COMP CLASS
6:00 – 6:45 JUNIOR - ADV Blue – Black Belts Ages 8-13 Years	6:00 – 6:45 JUNIOR - BEG White – Blue Stripe Ages 8-13 Years	6:00 – 6:45 JUNIOR - ADV Blue – Black Belts Ages 8-13 Years	6:00 – 6:45 JUNIOR - BEG White – Blue Stripe Ages 8-13 Years	
6:45 – 8:00 COMP CLASS		6:45 – 8:00 COMP CLASS		
8:00 – 9:00 TEENS/ADULTS (Ages 14+)	6:45 – 7:45 TEENS/ADULTS (Ages 14+)	8:00 – 9:00 TEENS/ADULTS (Ages 14+)	6:45 – 7:45 TEENS/ADULTS (Ages 14+)	

*Private classes are available on Saturdays, by appointment only