



Tactical Taekwondo

Monday	Tuesday		Wednesday	Thursday		Friday
4:45 – 5:15 TYKES Ages 4-6 Years	4:45 – 5:15 TYKES Ages 4-6 Years		4:45 – 5:15 TYKES Ages 4-6 Years	4:45 – 5:15 TYKES Ages 4-6 Years		
5:15 – 6:00 JUNIORS WHITE-BLUE STRIPE	5:15 – 6:00 JUNIORS ALL BELTS	5:15 – 6:00 JUNIORS ALL BELTS	5:15 – 6:00 JUNIORS WHITE-BLUE STRIPE	5:15 – 6:00 JUNIORS ALL BELTS	5:15 – 6:00 JUNIORS ALL BELTS	5:15 – 6:00 OPEN SPARRING
6:00 – 6:45 JUNIORS BLUE-BLACK BELTS	6:00 – 7:00 JUNIOR COMPETITION		6:00 – 6:45 JUNIORS BLUE-BLACK BELTS	6:00 – 7:00 JUNIOR COMPETITION		6:00 – 7:00 COMPETITION CLASS SPARRING
6:45 – 8:15 SENIOR COMPETITION	7:00 – 8:00 SENIOR COMPETITION		6:45 – 8:15 SENIOR COMPETITION	7:00 – 8:00 SENIOR COMPETITION		
8:15 – 9:15 ADULTS (Ages 14+)	8:00 – 9:00 ADULTS (Ages 14+)		8:15 – 9:15 ADULTS (Ages 14+)	8:00 – 9:00 ADULTS (Ages 14+)		

Schedule is effective **January 30, 2014.**